

7 CIRCLES ACTION PLAN

FORWARD FOCUSED : EP58

STEP 1

Score Your Circle

In each area below, score your success over the past 90 days (10 = perfect; 1 = terrible).

STEP 2

Plan Your Strategy

To increase your score over the next 90 days, for each circle, come up with **5 simple resources** related to your goal.

Podcast: Something you can listen to regularly to stay motivated.

Book: A reading resource to gain knowledge to achieve your goals for the circle.

Quote: A daily affirmation that resonates with you.

Role Model: A person you can connect with to help stay on track.

System/Tool: An app to download, a reminder on your calendar, a new tool, etc.

1-10	Podcast	Book	Quote	Role Model	System/Tool
Physical Health					
Personal Life					
Key Relationships					
Job					
Business					
Finances					
Spiritual Life					



FORWARD
FOCUSED