

**Date:**

# 7 CIRCLES ACTION PLAN

FORWARD FOCUSED : EP58

## STEP 1

### Score Your Circle

*In each area below, score your success over the past 90 days (10 = perfect; 1 = terrible).*

## STEP 2

### Plan Your Strategy

*To increase your score over the next 90 days, for each circle, come up with 5 simple resources related to your goal.*

*Podcast: Something you can listen to regularly to stay motivated.*

*Book: A reading resource to gain knowledge to achieve your goals for the circle.*

*Quote: A daily affirmation that resonates with you.*

*Role Model: A person you can connect with to help stay on track.*

*System/Tool: An app to download, a reminder on your calendar, a new tool, etc.*

1-10	Podcast	Book	Quote	Role Model	System/Tool
Physical Health					
Personal Life					
Key Relationships					
Job					
Business					
Finances					
Spiritual Life					

